

2010 UAlbany Men's Cross Country Best of the Year Times

6,000-Meter Run

Rank	Name	Year	Time	Avg. Mile	Meet
1	Alex Leuchanka	So.	18:28	4:57	Monmouth XC Kick-Off
2	Paul Lagno	So.	18:38	5:00	Monmouth XC Kick-Off
3	Ethan Clary	So.	18:49	5:02	Monmouth XC Kick-Off
4	Chris Burke	Jr.	19:00	5:06	Monmouth XC Kick-Off
5	Sean Halpin	So.	19:00	5:06	Monmouth XC Kick-Off
6	Greg Kiley	Sr.	19:01	5:06	Monmouth XC Kick-Off
7	R.J. Sniffen	So.	19:10	5:08	Monmouth XC Kick-Off
8	David Rothman	Sr.	19:20	5:11	Monmouth XC Kick-Off
9	Alexander Wilke	Fr.	19:39	5:16	Monmouth XC Kick-Off
10	Chris Manico	Jr.	19:44	5:18	Monmouth XC Kick-Off
11	Ryan Florkiewicz	So.	19:59	5:22	Monmouth XC Kick-Off
12	Patrick Murphy	Fr.	20:08	5:24	Monmouth XC Kick-Off
13	Conor Mallon	Fr.	20:10	5:25	Monmouth XC Kick-Off
14	Aaron Lozier	Sr.	20:25	5:29	Monmouth XC Kick-Off
15	Ian Ellis	Jr.	20:27	5:29	Monmouth XC Kick-Off
16	Jimmy Carroll	Jr.	20:30	5:30	Monmouth XC Kick-Off
17	Craig Weiss	So.	20:32	5:30	Monmouth XC Kick-Off

8,000-Meter Run

Rank	Name	Year	Time	Avg. Mile	Meet
1	Alex Leuchanka	So.	24:32	4:56	America East Championship
2	Paul Lagno	So.	24:37	4:57	America East Championship
3	Chris Burke	Jr.	24:48	5:00	Greater Louisville Classic
4	Ethan Clary	So.	25:06	5:03	Greater Louisville Classic
5	R.J. Sniffen	So.	25:07	5:04	Greater Louisville Classic
6	Greg Kiley	Sr.	25:19	5:06	America East Championship
7	Sean Halpin	So.	25:28	5:08	Greater Louisville Classic
8	Chris Manico	Jr.	26:02	5:15	Greater Louisville Classic
9	Aaron Lozier	Sr.	26:24	5:19	44th UAlbany Invitational
10	Jimmy Carroll	Jr.	26:44	5:23	America East Championship
11	Alex Wilke	Fr.	26:53	5:25	44th UAlbany Invitational
12	Ryan Florkiewicz	So.	27:10	5:28	44th UAlbany Invitational
13	Conor Mallon	Fr.	27:15	5:29	Boston College Invitational
14	Craig Weiss	So.	27:20	5:30	44th UAlbany Invitational
15	Pat Murphy	Fr.	27:42	5:35	44th UAlbany Invitational
16	David Rothman	Sr.	27:59	5:39	44th UAlbany Invitational
17	Ian Ellis	So.	28:26	5:44	Boston College Invitational